

AAVALUES GUIDE TO EFFECTIVE MEETINGS

THINK	BEFORE	DURING	AFTER
SAFETY	 Check the room and equipment are safe and appropriate. 	Start meeting with health & safety messages e.g. emergency exits, temperature, planned breaks etc.	 Leave the room and equipment as you would want to find it. Report any health & safety issues to the Facilities team.
INSPIRATION	Help attendees prepare for the meeting and arrive with the right mind-set.	 Encourage everyone to contribute their ideas to the discussion. Develop and record the best ideas and solutions. 	Share good ideas with others on Crossrail who could benefit.
COLLABORATION	Make sure the right people will be in the room.	 Agree who will chair the meeting and take notes. Agree the issues for discussion and decision. Support and challenge each other effectively 	Circulate meetings notes promptly with actions and responsibilities clearly outlined.
INTEGRITÝ	 Communicate a clear purpose and agenda. Prepare for the meeting e.g. by reviewing papers, following up on previous action. 	Make sure everyone understands the outcomes and what they have agreed to do.	Ensure that agreed actions are followed up.
RESPECT	 Give people time to prepare for meeting. Arrive punctually. 	 Put mobile phones and tablets on silent. Allow people to speak (don't talk over people.) Respect all contributions and remember that different points of view are valid. Finish on time. 	 Actively seek feedback from participants on how they felt the meeting went. Give appropriate feedback to any participants who did not display Crossrail values.